



The Spa

PEBBLE BEACH®







Spa Services

The Spa at Pebble Beach offers a unique menu of massages, scrubs, full-body treatments, day packages and salon services that complement the Pebble Beach Resorts experience.

Our professional staff is trained to help you select appropriate services and to provide impeccable personalized service for an experience that exceeds your expectations. Relax at one of only 48 spas in the world to receive the coveted Forbes Travel Guide Five-Star Award.



Signature Treatments

THE PEBBLE MASSAGE

70 minutes

Our Signature Massage incorporates tension-releasing LaStone massage techniques with warm sculpted stones. The deep, penetrating heat of the stones allows your therapist to effectively work your muscles and balance your energy.

LASAPA LELIMA

100 minutes

PURIFICATION TREATMENT

Lasapa Lelima, a Native American-based cleansing or bathing ceremony, is inspired by Big Sur's indigenous Esselen tribe. Featuring locally grown coastal and white sage, elderberry and blue corn meal, this combination scrub, wrap and massage creates an environment for healing to occur naturally.

THE ROYAL TREATMENT

75 minutes

This wonderful massage treatment incorporates head to toe relaxation with honey, ginger and a royal jelly face mask. After a royal treatment of the back with pure honey, a beeswax sheet is applied to support the healing process. To complete the transformation, enjoy a therapeutic massage, foot scrub and rub. As a finishing touch, a royal jelly facial mask is applied and the face is massaged. The combination is incredibly relaxing and healing.

THE PALMERO

75 minutes

Tropical relaxation begins with our papaya-pineapple enzyme scrub to buff and soften your skin. Then, while wrapped in a nourishing, hydrating propolis wrap, warm kukui coconut oil is massaged deeply into your scalp. An application of kukui coconut moisturizer completes your total relaxation.

DELUXE SILK PEEL

80 minutes

A five-star service that leaves you red carpet ready, this treatment provides all benefits of the Silk Peel plus extractions, collagen moisture mask and Silk Peel on your hands.



The image is a promotional graphic for spa day packages. It features a collage of three photographs: a swimming pool with people in the background, a man and a woman in white spa robes sitting at a table with drinks and strawberries, and a woman in a green polo shirt performing a massage on a woman lying on a spa bed. The text 'Day Packages' is written in a white, elegant script font on the left side, overlaid on a semi-transparent circular graphic.

Day Packages

Make the most of your spa experience with these day packages.

DAY OF BEAUTY *3½ hours*

Treat yourself to an 80-minute Customized Facial, a Spa Manicure and a Spa Pedicure.

A WALK IN THE FOREST *3½ hours*

This revitalizing combination of services derived from the forest softens your skin with the Citrus Seagrass Scrub, loosens your muscles with The Pebble Massage and treats your skin to a 50-minute Customized Facial.

GOLFER'S HOLE IN ONE PACKAGE *2 hours*

For tired, tense muscles, enjoy an 80-minute Sports Bodywork Massage and a 25-minute Golfer's Foot Renewal.

ROMANTIC GETAWAY

2 hours

Relax with a loved one in a blissful Swiss Crème Wrap in the Flotation Wrap Suite followed by a 50-minute Couples Massage in our Massage Suite.

SLIMMING

2 hours

The combination of our Slimming Wrap and a 50-minute Lymphatic Massage assists with reducing fluid retention and the appearance of cellulite.

PARADISE AT PEBBLE BEACH

2½ hours

Treat your senses and escape to an oasis of relaxation. This journey begins with the Water Experience, followed by a 45-minute Papaya Pineapple Body Scrub and a 50-minute facial that infuses your skin with organic extracts.

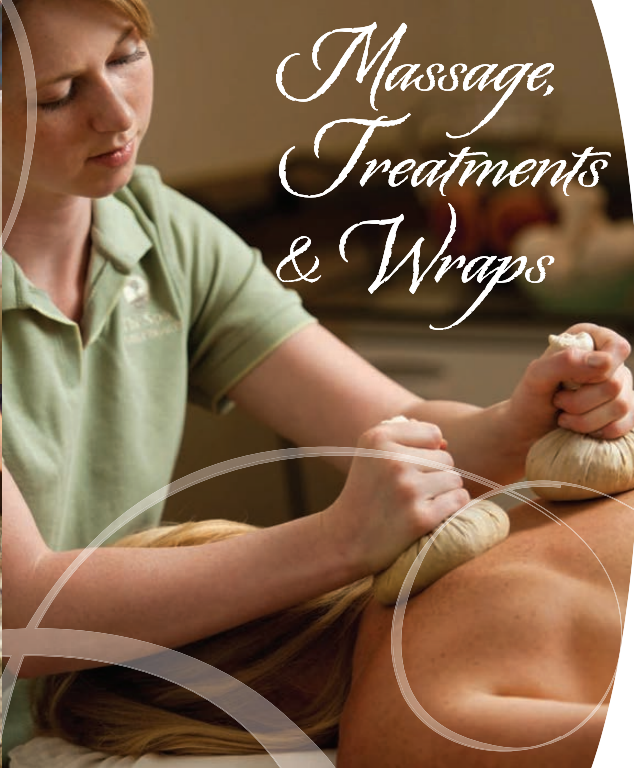
Spa Feature

WOMEN'S WATER EXPERIENCE

25 minutes

Based upon ancient traditions of relaxation and rejuvenation, the Pebble Beach water ritual offers respite and repose. Immerse yourself in our private soak tub, then step into the steam, sauna or inhalation rooms for a few moments of quiet time. Finally, invigorate your body with a symphony of water in the Pebble Beach Signature Shower. This is an excellent way to start your day at The Spa!





Massage, Treatments & Wraps

Massage

Guests may enjoy massages at The Spa or in their guest room.

SPA MASSAGES *50, 80 or 105 minutes*

IN-ROOM MASSAGES *50 or 80 minutes*

CLASSIC MASSAGE

Customized for your needs, this swedish massage increases circulation and relaxes tight, tense muscles.

THERAPEUTIC MASSAGE

This massage uses deeper pressure and slow strokes to help alleviate chronic muscle tension.

COUPLES MASSAGE *50 or 80 minutes*

Perfect for couples or friends who want to enjoy the benefits of massage together.

SCALP, HANDS AND FEET MASSAGE

Relax your mind while freeing your hands and feet of tension.

LYMPHATIC TREATMENT

This gentle technique can help reduce fluid retention, enhance the removal of toxins from the body tissues, regulate digestion and support the immune system.

MATERNITY MASSAGE

With this special massage our therapists ease the effects of your growing body using our specially designed maternity pillows. A soothing combination of essential oils provides serenity.

SHIATSU, REIKI, REFLEXOLOGY, THAI, FOUR HANDS MASSAGE

Available upon request.

TARGETED MASSAGE WITH BACK REVITALIZER

80 minutes

Focusing primarily on the back muscles to bring deep relaxation and comfort, this massage includes self-heating mud pack to relieve strain and build-up tension. This massage is excluded from in-room appointments.

HERBAL COMPRESS MASSAGE

75 minutes

This therapeutic massage incorporates steamed herbal compresses of wild-crafted arnica, eucalyptus and rosemary, hands-on massage and Thai stretching techniques. The combination of heat and pressure melt away muscle tension. This massage is excluded from in-room appointments.



Body Treatments

Our body treatments exfoliate, hydrate and soften your skin.

PAPAYA PINEAPPLE SCRUB *45 minutes*

Invigorate and exfoliate with natural papaya and pineapple enzymes and finely crushed grape seeds to gently smooth your skin.

Conclude with the application of a luxurious hydrating moisturizer.

OCEAN ELEMENTS *75 minutes*

Ocean inspired relaxation begins with an invigorating dry brush followed by a Mother of Pearl, Lime and Bergamot salt scrub. Enjoy a soothing scalp or foot massage while wrapped in a detoxifying seaweed mud. To complete your treatment, enjoy an application of coconut and almond oil scented with the essence of coastal herbs and flowers.



GARDENIA SUGAR SCRUB *45 minutes*

The sweet scent of full-blossomed spanish gardenia enriched with honey and essential oils of tuberose, jasmine and geranium combined with sugar, buffs the skin to a soft glow.

RED FLOWER RITUAL *75 minutes*

This ritual-based treatment combines therapeutic properties of flower oils and fruit essences with rich minerals from the earth and sea. Be purified and scrubbed with ginger and bamboo, polished with cherry blossom and rice and hydrated with rose, camelia and plum. Finish with a massage using wild lime silk oil to energize the body.

THE BODY BRONZER *45 minutes*

Enjoy the results of the sun without its harmful effects. After an exfoliation, an application of self-tanner brings out your natural color. Please wear dark, loose-fitting clothing.

SEA-SALT BODY SCRUB *45 minutes*

Our most invigorating scrub is ideal for both men and women. Mineral-rich sea salts combined with aromatherapy oils deeply cleanse, exfoliate and soften the skin.

Flotation Wraps

Couples, friends or family can enjoy these services together. Our dry flotation beds allow the body to float freely in heated bliss. Perfect before a massage or after a scrub. 45 minutes. Add a 25-minute restorative nap or guided meditation.

SWISS CRÉME WRAP

This wrap is heaven-on-earth for your skin—a seemingly magical formula that infuses your skin with moisture.

ESPRESSO LIMÓN SLIMMING WRAP

Enjoy a relaxing foot massage while wrapped in a blend of South American coffee oil, Italian lemons and Madagascan cinnamon.

CLOUD NINETEEN

Drift into a deep state of relaxation with a combination of ultra-hydrating shea butter and jojoba oil infused with your choice of aromatherapy to quench and soothe your skin.

RESTORATIVE NAP OR GUIDED MEDITATION

Rejuvenate your mind and body during a 25-minute restorative nap or a guided meditation of your choice. Feel refreshed and renewed.

Balancing

ACUPUNCTURE

80 minutes

Acupuncture redirects energy from areas of blockage or pain to bring the flow of energy back into balance. Treatment can relieve pain, strengthen the immune system, reduce stress, and bring balance and integration.

CRANIO-SACRAL THERAPY

50 minutes

A subtle, yet powerful, session encourages the body to release stress. This gentle hands-on technique offers deep relaxation to the brain and central nervous system, melting tensions and restoring balance.

CHAKRA BALANCING

75 minutes

Chakras are energy centers that affect our immune and endocrine systems; negative information can adversely affect the body and spirit. This energy balancing treatment uses gemstones to help clear the chakras, calm the mind and improve your body's ability to self heal.



Gentleman's Favorites



GOLFER'S HOLE-IN-ONE PACKAGE

2 hours

For tired, tense muscles, enjoy an 80-minute Sports Bodywork Massage and a 25-minute Golfer's Foot Renewal.

HERBAL COMPRESS MASSAGE *75 minutes*

This therapeutic massage incorporates steamed herbal compresses of wild-crafted arnica, eucalyptus and rosemary, hands-on massage and Thai stretching techniques. The combination of heat and pressure melt away muscle tension.

MEN'S FACIAL

50 or 80 minutes

This facial hydrates and purifies the skin. Alleviate stress and tension as you receive a mini-massage of the neck, face and hands.

ACUPUNCTURE

80 minutes

Many golfers use acupuncture as a way to relieve back and shoulder pain and improve their game. Treatment also strengthens the immune system, reduces stress and brings balance and integration.

SPORTS PEDICURE

50 minutes

Enjoy an ice-cold beer while your feet are buffed and scrubbed to perfection. After sports or a hard day at the office, your feet will thank you.

SEA-SALT BODY SCRUB

45 minutes

Our most invigorating scrub is ideal for men. Mineral-rich sea salts combine with oil to deeply cleanse, exfoliate and soften the skin.

MEN'S SIGNATURE SHOWER

Invigorate your body with a symphony of water in the Pebble Beach Signature Shower.

Fore the Golfer

PRE-GOLF WARM-UP

25 or 50 minutes

Specially designed golf stretches and soft-tissue releases give you an edge on the course. Wear comfortable clothes.

POST-GOLF THERAPY

50 minutes

This perfect ending to a round assists in recovery by focusing on tired forearms, neck, lower back and hips. Especially beneficial if you plan to play the next day.

SPORTS BODYWORK

80 minutes

A form of deep-tissue massage, sports bodywork realigns and stretches muscle, helps work out knots and improves range of motion.



GOLFER'S FOOT RENEWAL

25 minutes

Enjoy a massage of the feet and lower legs. Add this relaxing treatment to any massage.



Facials

All facial services include extractions, mask and facial massage.

CUSTOMIZED FACIAL *50 or 80 minutes*

Following a personalized analysis, your esthetician assists you in determining which products best suit your skin-care needs. This facial cleanses, nourishes and firms skin to give a healthy and vibrant appearance.

BACK FACIAL *50 minutes*

A Customized Facial for the back

THE UNWRINKLE TREATMENT *80 minutes*

Using a powerful Unwrinkle Turbo serum that mimics botox, this combination facial and peel promotes cellular regeneration, boosts collagen, increases fullness and luminosity while diminishing appearance of wrinkles. This treatment offers significant results.

PORE CLARIFYING SILK PEEL *50 minutes*

A non-invasive, yet highly effective treatment for acne prone skin. By infusing your pores with Salicylic Acid this treatment flushes all impurities, speeds the healing process and prevents breakouts.

SILK PEEL *50 minutes*

A Silk Peel retexturizing treatment is superior to micro-dermabrasion alone. Newly exfoliated skin is infused with physician-strength solutions targeted for specific skin-care concerns such as hyperpigmentation, wrinkles and other signs of aging. Results are visible immediately and, best of all, there's no downtime.

DELUXE SILK PEEL *80 minutes*

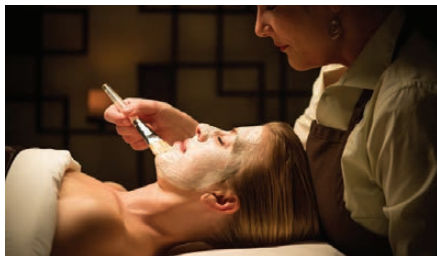
A five-star service that leaves you red carpet ready, this treatment provides all benefits of the Silk Peel plus extractions, collagen moisture mask and Silk Peel on your hands.

AGELESS FACIAL *80 minutes*

This anti-aging facial is power packed with the ultimate cocktail of peptides, vitamins and plant stem cells to tighten, lift and hydrate the skin resulting in a youthful glow.

BRIGHTENING TREATMENT *80 minutes*

This potent brightening treatment is a must for all ages. Using powerful antioxidants, your skin is exfoliated with a Vitamin C peel and infused with potent anti-aging peptides, giving a bright radiant glow to sun damaged or lackluster skin.



PICK-ME-UP TREATMENT *25 minutes*

When time is of the essence, this treatment gives your skin a visible glow with cleansing, exfoliating and moisturizing. This treatment does not include extractions.

BEAUTY ENHANCEMENTS

Any of the following services can be added on to your facial for enhanced results.

COLLAGEN MOISTURE BOOST

EYE REFRESH

PERFECT POUT

GLYCOLIC PEEL

YOUTHFUL HANDS

DÉCOLLETÉ MASQUE

WAXING & TINTING SERVICES

LIP

UNDERARM

EYELASH TINT

BROW DESIGN

BIKINI

EYEBROW TINT

BROW DUO

HALF LEG

FACE / BACK

FULL LEG





The Salon

Our full-services Salon provides experienced, professional staff and exceptional products to address all of your hair, nail and makeup needs.

Hair Care

CUT AND STYLE

MEN'S HAIRCUT

UP-DO STYLE

SHAMPOO & BLOW DRY

FULL COLOR

FULL HIGHLIGHT

PARTIAL HIGHLIGHT

HAIR AND SCALP

REJUVENATOR

65 minutes

Restore balance and renew body and shine with our deep-conditioning treatment recommended for all hair types. Includes styling and blow dry.

Nail Care

SPA MANICURE

50 minutes

Our full-service manicure includes a shea butter treatment, hand and arm massage and polish application.

SPA PEDICURE

50 minutes

EXPRESS MANICURE

25 minutes

EXPRESS PEDICURE

25 minutes

SMOOTH AS SILK MANICURE

50 minutes

Enrich and soothe your hands with honey, ginger, coconut oil and Vitamin E. These nutrient rich and exceptionally moisturizing products leave the skin silky smooth.

SMOOTH AS SILK PEDICURE

80 minutes

An anti-callous treatment helps smooth rough skin, and moisturizing cream and shea butter treatment leave your feet smooth as silk.

LAVENDER PEDICURE

80 minutes

Transport yourself to the garden with the sweet scent of lavender, an herb used for centuries to refresh and cleanse. Our pedicure applies this time-tested herb to gently remove dry skin. Then a lavender-olive oil balm and a lavender shea butter treatment hydrate and nourish the skin, followed by perfect polish.

SHELLAC ADD-ON

A shellac add-on is available with any manicure or pedicure at The Spa.

SHELLAC REMOVAL

Note: Please advise at the time of booking if you already have shellac or gel on your nails as it will need to be removed during treatment.

Wedding Parties

Our Spa wedding coordinator would be happy to plan your day at The Spa. Please ask for more information.

HAIR SERVICES

WEDDING CONSULTATION

BRIDAL UP-DO

MAKEUP SERVICES

Our professional makeup artists offer makeup application and instruction for that special event in your life or for everyday wear.

Let us show you how to enhance your natural beauty every day and stay current with color and style trends.

WEDDING CONSULTATION

WEDDING-DAY APPLICATION

Includes lash application.

MAKEUP APPLICATION

MAKEUP INSTRUCTION

Includes an application.

LASH APPLICATION

Available on request



Spa Information

Your comfort, well-being and enjoyment are our priority during your visit to The Spa. Please read these pages of information and contact us with any additional questions you may have.



HOURS OF OPERATION

FACILITIES: 8:30 A.M.–7:30 P.M.

SPA SERVICES: 9 A.M.–7 P.M.

JUICE BAR & CAFE: 9:30 A.M.–4 P.M.

LOCATION

The Spa is located adjacent to Casa Palmero, near The Lodge at Pebble Beach..

SPA FACILITIES

25 TREATMENT ROOMS

FULL-SERVICE SALON

CONSERVATORY AND SANCTUARY

WOMEN'S AND MEN'S LOCKER ROOMS

Each has a whirlpool spa, sauna, steam and inhalation rooms.

JUICE BAR & CAFE

Enjoy lunch, a smoothie, fresh juice, a glass of wine or cappuccino in our cafe offering indoor and outdoor seating.

RESERVATIONS

It is strongly recommended that you schedule spa services at least two weeks in advance to secure the most convenient time for you.

To speak with a spa reservation agent, please call (866) 612-3418. The Spa reservation agents also book massages at The Spanish Bay Club for guests at The Inn at Spanish Bay.

Spa service rates are subject to change without notice. Please call to confirm current rates.

CANCELLATION

If you need to cancel or change your appointment, please call at least 24 hours prior to the appointment time. If an appointment is canceled or changed within 24 hours of the scheduled service, we charge 50% of the service price. (For groups, we have a minimum 14-day cancellation policy.) A “no-show” appointment is charged the full service rate.

SERVICE CHARGE

A service charge of 20% will be assessed. The Spa retains a portion of the service charge as an administrative fee; the remainder of the service charge is distributed to employees of The Spa.

AGE REQUIREMENTS

The minimum age for spa services is 18, and the minimum age for salon services is 14.

FITNESS FACILITIES

The Spa does not have a fitness facility. Resort guests have access to two world-class fitness centers: The Beach & Tennis Club for guests who stay at The Lodge and Casa Palmero, (831) 625-8536; and The Spanish Bay Club for guests who stay at The Inn at Spanish Bay, (831) 647-7461. The Spa also offers limited spa services at The Spanish Bay Club; please call The Spa for a list of services available.



How to Spa

To help make your visit to The Spa as relaxing as possible, we have anticipated the following questions.

Where do I check in for my spa appointments?

Please check in at The Spa front desk. You will be escorted to the locker room where you can enjoy steam, whirlpool spa, sauna and inhalation rooms before your treatment. For spa services at The Spanish Bay Club, please check in at their fitness desk.

How early should I arrive for my spa appointment?

Please arrive a minimum of 20 minutes before your appointment. To enjoy spa facilities prior, we suggest at least 45 minutes.

ELECTRONIC DEVICES

To preserve the relaxing environment of The Spa, we request that you refrain from using cell phones, laptops and other electronic devices during your visit.

PARKING

Parking is available in the garage adjacent to The Spa, directly across the street from the tennis courts of The Beach & Tennis Club.

What if I am running late?

Please note that your late arrival will determine the length of your treatment. Your service will end on time so that the next guest is not delayed.

Can I cancel at any time?

If you need to cancel your appointment completely, please call at least 24 hours prior to the appointment. If it is within 24 hours, we charge 50% of the service price. A “no show” is charged the full rate. For group guests, please contact your group coordinator for cancellation policies.

What do I need to bring?

Please wear comfortable clothes for the Pre-Golf Warm Up or Thai Massage. When you check in, you will receive slippers, a robe and a locker for your personal belongings. Please do not bring valuables to The Spa. For your convenience, safe-deposit boxes are available.

Do I disrobe entirely for my spa treatment?
That is your choice; however, it is customary to do so. Our staff is required to appropriately drape you with towels or sheets at all times during the service to protect your privacy.

May I ask my therapist to make adjustments for my comfort?

Absolutely. This is your treatment, and we want you to enjoy the experience. If you would like the room temperature adjusted or a change in the amount of pressure during your massage, for example, please let your therapist know.

Should I alert someone if I have any physical ailments or allergies?

Yes. Please notify our reservation agent when scheduling your spa service. If you require special assistance, please let us know so that we may assure you a pleasant experience.

The Spa Boutique

Take your Spa experience home and share your experience with friends and family, by shopping at The Spa Boutique. The shop offers all of the skin-care lines featured in our exceptional facial and body treatments. Our gift selection features active and casual fashions along with ambience-enhancing home accessories. All of our Signature retail products are available by mail order. Please call The Spa Boutique with your product request, (831) 622-6446, and your order will be shipped to you immediately. Visit www.pebblebeach.com for select spa products under Shop, The Spa Collection.

GIFT CARDS

Spa Gift Cards are available at The Spa Boutique or by calling (866) 612-3418.





The Spa

PEBBLE BEACH

1518 Cypress Drive, Pebble Beach, California 93953

Spa Reservations: (866) 612-3418

www.pebblebeach.com

PEBBLE BEACH RESORTS



THE LODGE AT PEBBLE BEACH



THE INN AT SPANISH BAY



CASA PALMERO

RESORT RESERVATIONS: (866) 612-3418