

YOUR GAME

TAKING YOU FROM TEE TO GREEN IN THE FEWEST STROKES POSSIBLE

GOLF
MAGAZINE
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on these pages.
The Top 100
Teachers,
Golf Magazine
and you share a
common goal:
We all want
you to shoot
lower scores.

EDITED BY
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& MIKE WALKER

HOW TO

Nail Your Grip



The way
your left hand
naturally hangs...



...is the way you
should place it
on the handle.

All good
shots start
with the right
kind of hold

**This story is for
you if...**

- You're not sure if your grip is solid.
- You feel you have too much control of the clubface...
- ...or that it's controlling you.

Try This!

STAND up straight with your arms resting naturally at your sides. Don't try to do anything—just stand. Notice how your left hand hangs. Some players' hands hang with the left palm facing straight back (like mine, pictured here). Other players' hands hang with the left palm facing the target, with everyone else somewhere in between. The point is that everyone's hands hang differently, and **the grip that will work best for you is the one that doesn't disturb your natural hand position.**

Before taking your grip, let your left arm hang and then place your left hand on the handle without changing its position. Make sure you wrap your fingers around the handle, not your palm. Now you're in position to make your most natural athletic swing.

TOP 100 TEACHER

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