

DRIVE IT LONGER



STEP 1: START

Assume your normal address position with your driver and make certain you have a solid, sound grip.



STEP 2: HINGE LEFT

Hinge your wrists up so that the butt of the club is pointing down toward the ground. Don't rotate your wrists (i.e., don't point the butt of the club toward the target).



STEP 3: RIGHT WRIST LOADED

Remove the club but keep your right hand where it is. Notice how your right wrist is now hinged in a very powerful position—this is how you want your wrists to feel both at the top of your swing and at impact. It doesn't matter when you hinge, just that you hinge!

THE RIGHT WAY TO HINGE

SET YOUR WRISTS CORRECTLY TO HIT THE BALL LONGER THAN EVER

You know you should hinge your wrists when you swing, but when?

THE FAULT

You don't create a lot of clubhead speed with your driver, and as a result, you don't hit the ball as long as you could. The cause of your problem is your wrists, which are stiff throughout your swing. By not

taking advantage of proper wrist hinge, you drain the speed and power out of your swing.

THE FIX

All you need to do to add significant power to your drives is to utilize a proper wrist hinge during your swing. To do so, follow these steps:

CHECKPOINT

Some players hinge the club early. Others wait until later in the backswing. You'll have to experiment, but it's a key move that will load you up for both a powerful top position and impact.



YES!
Hinge your wrists fully and you'll add plenty of clubhead speed and power to your drives.

NO!
Zero hinge leads to zero power.



LAIRD SMALL
Pebble Beach Golf Academy, Pebble Beach, Calif.
(Top 100 since 1996)

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